



Brain Building: Salt Dough Instructions

For the Brain Building CAGIS Virtual event, please have seven (7) colours of plasticine or modelling clay ready. If you cannot obtain modelling clay or plasticine, please make salt dough before the event using the following instructions.

Materials:

- two (2) cups of flour
- one (1) cup of table salt
- two (2) tablespoons of vegetable oil
- one (1) cup of water
- Different colours of food colouring
- one (1) large mixing bowl
- seven (7) small bowls
- Spoon to mix dough

Instructions:

1. Combine flour and salt into a large mixing bowl.
2. Add oil into the large mixing bowl with the flour and salt.
3. Add water a few tablespoons at a time while kneading dough. If you find that your dough is still crumbly after adding all the water, continue to add in more water a few tablespoons at a time until desired consistency.
4. Separate the dough into seven equal parts and place each portion into a separate bowl
5. Add different colours of food colouring into each bowl. Mix to create seven different salt dough colours.
6. Set aside dough until the CAGIS Virtual session! This dough is best used fresh. Please prepare the night before and refrigerate in an airtight container or prepare the morning before the session. If your dough has dried out before the session, you may mix in water a tablespoon at a time to re-hydrate.